

2021

East Valley
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Fax: 480-964-4639
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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

NO BOOZE NEWS

Golden Years

APRIL 1980 GRAPEVINE

After fifty years of drinking, here was a new approach to life

WE HAVE perhaps one of the smallest AA groups in our worldwide Fellowship. For almost a year now, four loyal members have gathered each week for our Wednesday-night meeting. With new groups being formed and all growing in numbers constantly, this situation is rather unusual, especially since there is a need for our particular type of group. We call ourselves the Golden Years and are a senior-citizens group, a category that is showing everincreasing symptoms of our disease, alcoholism. As an oldster myself, with an inglorious career of some fifty years of battling

Quote of the Month

I was in this anything-butspiritual mood on the night
when the Twelve Steps of Alcoholics Anonymous were written. I was sore and tired
clear through. I lay in bed at 182
Clinton Street with pencil in
hand and with a tablet of
scratch paper on my knee. I
could not get my mind on the
job, much less put my heart in
it. But here was one of those
things that had to be done.
Slowly my mind came into
some kind of focus.

- Bill W.

the bottle, I think I know why more of my contemporaries do not seek aid for their drinking problem.

With my booze-befuddled mind, I once reasoned that as I had been a drunk for so many years, there was no use at my age trying to stop drinking, and the few remaining years of life had no meaning for me. Thank God that circumstances brought me into AA and that the message eventually got to me. Gradually, I obtained a whole new approach to life. For the first time, I have learned the real meaning of living. I only pray to the Higher Power that there be some way I may get the story of my deliverance to other older unfortunates before it is too late.

All of us sail under sealed orders; none of us knows when the end may come. That is why each day is so precious to me. Now that I have attained sobriety and a semblance of serenity, I savor each twenty-four hours to its utmost. I am almost seventy-three years of age, and as I stated, my drinking covered a span of half a century. It was only during the last ten years of this wasted period of living that I would even admit I had a drinking problem. Then the usual attempt to at least curtail the habit by self-will met with the usual degree of success--none.

A traumatic point came in my early sixties, when I started to lose my sight and eventually became legally blind. What an excellent opportunity this was to continue drinking! Had not life handed me a tough deal? Poor me. Here I was, forced to give up my newspaper job--the only career I knew--after forty years. How I wallowed in self-pity during those days, not trying to do anything to help myself, using the excuse to escape reality through the bottle. Thanks to AA, the message

finally got to me, and I started working the Twelve Steps, so I could try to do something about my problems. I took blind training, and although I can't honestly say that I have fully been able to cope with my lack of vision, I have made progress.

Once I accepted the situation and did something about living with it, things started to get better. Earlier, when I had to give up driving, more fuel was added to the self-pity pot; but now, it has turned out that this was a health benefit

Page 2

in disguise. I was forced to walk instead of ride, and because of this alone, I think my physical health is better today than when I was boozing it up in my thirties.

For several years now--everyday, winter and summer--my faithful German shepherd dog and I have covered a five-mile course. For me, it has been more than just a physical benefit. Even at my age, by keeping the plug in the jug and working AA philosophy, I have found serenity in simplicity.

I have never been so aware of natural beauty as I am now during my walks with my companion. God has stimulated something of a latent faculty in my being; without seeing, I *feel* something of the wonders of this wonderful world. In summer, we walk before sunrise, and although I can't completely appreciate Old Sol rising, there are many other compensations. Just at the brink of dawn, God's feathered creatures announce the new day. I have never heard a symphony as sweet to the ears as that of the many varieties of birds in chorus. It lasts for a short period at sunrise, but even for that brief moment, it has been so rewarding to me to be present.

I feel so strongly about what AA holds for seniors that I would like to get this message to some of them. It is never too late; after all, the old saying "Age is but a state of mind" is true.

BY: ANONYMOUS

Branching out

JUNE 2013

Instead of pruning his defects like wilted leaves, he remembers to look at the tree

STEP SIX: Were entirely ready to have God remove all these defects of character.

"The exact nature of our wrongs" in Step Five is expressed in terms of "defects of character." In Step Six, we offer up to God for removal of our "shortcomings." Bill W., when asked why he used two different sets of words to define character defects, said it was to avoid repetition. Some members waste time needlessly trying to find the difference between the two expressions. It doesn't matter what you call them. If you don't change the nature of these defects, then they will change you, in my experience, and not for the better.

There are two deep emotions driving all the feelings that I have ever had. Each feeling has it's roots in either love or fear. I personally don't see any character defects related to love. Even jealousy is related to the fear of losing love. All my shortcomings are connected one way or another to fear.

I had been asking God (praying) to remove individual defects only to have them show up on another day. This is treating the symptom and not the cause. The symptom may go away for a short time but will return if the cause isn't removed. Most of the time I have no idea why I do those things, so asking to have the defect removed doesn't work. I have found that I don't have to know the reason why, God does, and he has the power to heal the real problem. I now pray that the cause of the defect be removed.

I picture my defects as leaves on a large branch extending from the trunk of a tree. The trunk is who I really am, the branch is the fear and the leaves are individual defects. Plucking the defective leaf off the branch may help for the moment, but eventually another leaf will grow back. Making changes at the branch will affect the entire tree.

When something works I continue to use it. By asking God to heal the source, I have found that not only is that one defect removed, but many others as well. I have only been praying for the sources to be healed for a few months, and I can really feel a difference within me. I'm so excited about this new method of praying that I felt a need to share it with everyone. Maybe it will work for you as well.

BY: JOHN L. | CITRUS COUNTY, FLORIDA

Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org

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Words From the Big Book

Returning home we find a place where we can be quiet for an hour, carefully reviewing what we have done. We thank God from the bottom of our heart that we know Him better. Taking this book down from our shelf we turn to the page which contains the twelve steps. Carefully reading the first five proposals we ask if we have omitted anything, for we are building an arch through which we shall walk a free man at last. Is our work solid so far? Are the stones properly in place? Have we skimped on the cement put into the foundation? Have we tried to make mortar without sand?

If we can answer to our satisfaction, we then look at Step Six. We have emphasized willingness as being indispensable. Are we now ready to let God remove from us all the things which we have admitted are objectionable? Can He now take them all—every one? If we still cling to something we will not let go, we ask God to help us be willing.

PG 75 and 76

Please use the Gratitude With Service form below to volunteer for any of EVI's Standing Committees, such as PI/CPC (Public Information / Cooperation with the Professional Community), Special Events, Literature, Unity, or Phone Volunteers.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging, If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitu	de With Service form revised 9/020					
Return to: 1855 E Southern Ave. #103 Mesa, AZ 85204						
(480) 827-1905 e-maik info@aamesaaz.org www.aamesaaz.org						
Date *First Name	Last					
Address	*Phone					
 *City *\$T	*Zip *Gender					
*Sobriety Date Home Group						
e-mail address						
* = required for listin [] No Booze News Subscription / Renewal	ng in 12 th Step List (\$12.00 annual subscription fee enclosed)					
Volunteer Service Options	Committees of Interest					
Check only those you are willing to commit time to	Check only those you are willing to serve on					
12 th Step List Volunteer Phones Night & Weekend	[] Public Information / Cooperation with the					
[] Weekends	Professional Community					
[] Weekends [] Weeknights	[] Special Events					
[] Weekdays	[] Literature					
[[] Newsletter (No Booze News)					
[] Office Phone Volunteer	[] Unity Committee [] Deliver A Meeting					
[] Other Office Help	LI Deliver & Meeting					



LIVE AND IN PERSON

ROUNDUPS, CAMPOUTS AND CONFERENCES

TEXAS STATE CONVENTION

JUNE 11 ~ 13, 2021 HILTON FT. WORTH 815 MAIN ST. FORT WORTH TX

PROMISES IN THE PINES

AUGUST 20 ~ 22, 2021 LEWIS CANYON CAMPGROUND SHOW LOW AZ

SERENITY SISTERS RETREAT

SEPTEMBER 10 ~ 12, 2021

ROUND VALLEY, AZ

REGISTER AT:

SERENITYSISTERSRV@GMAIL.COM

VERDE VALLEY ROUNDUP

OCTOBER 29 - 31, 2021 2025 RESERVATION LOOP RD. JACKPOT RANCH, CAMP VERDE AZ

2021 August Virtual Assembly

Hosted by District 11. August 13-15, 2021

2021 Virtual State Convention

Host Committee: 08-820 September 10-12th

Area03.org for more information

2021 Post Conference Assembly

VIRTUAL ASSEMBLY. Hosted by sub-district 08-818, 819, 820. June 5, 2021

Valley of the Sun Founders' Day 2021

SATURDAY, JUNE 12TH, 2021
10:00AM TO 4:00PM
GREAT SPEAKERS
AND
FREE LUNCH
2121 S RURAL RD. TEMPE
(OUR LADY OF MT. CARMEL)
PLEASE REGISTER ONLINE AT:
azfoundersday.org

EVI Monthly Speaker Meetings are LIVE AGAIN

1st Fridays starting June 4th, 2021
Hosted By - Ahwatukee Men's Group
Doors open at 7pm
Speakers start at 7:30pm
2222 S Price Rd. Tempe

(Church of the Epiphany)

Also on ZOOM

Zoom ID: 985 8168 0215 Passcode: 156314

<u>Step Six</u>~ Were entirely ready to have God remove all these defects of character.

<u>Tradition Six</u>~ An A.A. group ought never endorse, finance, or lend the A.A. name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

<u>Concept Six</u>~ The conference recognizes that the chief initiative an active responsibility in most world service matters should be exercised by the trustee members of the Conference acting as the General Service Board.

Name Date				
0/40/4005	04440			
mous 6/10/1935	31412			
6/4/1987	12419			
6/24/1987	12419			
6/6/1990	1 1323			
6/10/1990	10050			
6/2/1991	10936			
6/2 1/2000	7205			
6/1/2001	7303			
0/10/2004	6209			
6/10/2000	4740 4748			
6/1/2010	4740 4018			
6/16/2014	2557			
6/20/2018	1096			
6/29/2018	1096			
6/2/2019	731			
0,20,2020				
	Date mous 6/10/1935			

YOU'RE DRIVING IN A
CAR at a constant speed.
On your left is a valley and

on your left is a valley and on your right is a fire engine traveling at the same

speed as you.

In front of you is a galloping pig, but you cannot overtake it. Behind you is a helicopter also traveling at the same speed as you.

At Wits End

Q: What must you do to get out of this dangerous situation? A: Get off the kid's carousel and, next time, don't drink so much.

A woman was worried about where her husband was spending his evenings. So, one night she went home--and there he

--

was.

One we've heard many times, which can't be said too often:

Count yourself again, old man, you ain't so many.

--

THE WIFE OF A LUSH showed off her new Sobriety Ring to a neighbor. She explained: "When he's sober, it turns green. When he's drunk, it leaves a red mark on his forehead."

--

An alcoholic sought help about his drinking from his doctor. The doctor's advice was, "Whenever you feel like taking a drink, have an apple instead."

The drunk protested, "Who could eat that many apples?"

We are all crazy to some extent. But if we don't drink, we can hide it better.

--

I went to a party when I was seventeen and the next thing I knew, I was thirty-five!



GOT SERVICE?? INTERGROUP SERVICE OPPORTUNITIES

PI / CPC

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm

1855 E Southern Ave #103

(EVI Office) and on Zoom

Zoom ID: 984 4383 7353

Passcode: 061035

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

480 827-1905 or email picpc@aamesaaz.org

EVI Phone Workshop

Third Friday's at 6:15 pm Before the monthly business meeting at



aamesaaz.org

Workshops can be done at your Group!



For more information Call Lisa V. 480 827-1905

EVI Sponsorship Workshop

10am the 1st Saturday of every other month

Check aamesaaz.org for location information Contact: Jerry C.480 827-1905 HOST GROUP SCHEDULE

July 4th ~ TBD

alcoholics <u> Anonymous</u>

EVI Special Events Committee

Meeting held before the Monthly Speaker Meeting 1st Friday of the month

Check aamesaaz.org for location information

contact: 480 827-1905

Toin the

EVI Unity Committee

Meeting at 6:15pm Every 3rd Friday

Check aamesaaz.org for location information

aamesaaz.org

Contact 480 827-1905

EVI Monthly Speaker Meeting

1st Friday of Every Month

2222 S Price Rd. Tempe

(Church of the Epiphany)

Doors open at 7:00pm

Now Live and on ZOOM

Check aamesaaz.org for ZOOM information

June 4th ~ Ahwatukee Men

July 3rd ~ Bloopers



4 hour shifts in the EVI office

Call Roxanne for specific times and days.

*** Regular Shifts Available ***



Central Office Manager's Report May 21, 2021

In April we received 479 requests for information and assistance last month. Of those 114 calls were for meeting info, 130 were office visitors and 14 resulted in a 12-step call. Our website stayed busy too. It had 40,332 visits in the last 30 days. Our Google listing also receives steady traffic. Our Google totals for March were 8,354 views. Of those 466 went to our website, 74 requested directions and 61 gave us a call.

Our Open House was an amazing success. Thanks to all who came by and spent a little time at the office. The Grapevine has a new book out titled "Free on the Inside". We have copies available for sale at the office. We also have "Language of the Heart" which was unavailable for a while, and "Voices of Spanish Women in AA", these are Hispanic Women's stories, not a just translation of "Voices of Women in AA" in English. I confess, I ordered the Spanish books in error, but I'll bet there are 5 Spanish speaking women out there who would love to have one.

The weather is warming up and along with it comes the Campout and Roundup season. We have information available on most of the upcoming A.A. events in AZ and surrounding states at the office, in the No Booze News and on the Events page at aamesaaz.org. Please share your IGR newsletter copy with your group and encourage them to submit stories and subscribe for home delivery. We also still have the event signs and large coffee pots available for group use. Just call and reserve.

If your Group has recently had a rotation of officers, please take a Group Update form to your next Group Conscious meeting. Have the new officers fill it out completely and return it to the office or bring it to next month's meeting. It is our policy to have complete contact information for at least 2 officers of each group listed in our directories. Thanks for your help with this, it is important to keep this information up to date. Service opportunities are always available on all EVI committees and the 12th step list. Gratitude with Service forms are now available on our website. Please encourage your Group members to volunteer. The life you save may be your own.

In the spirit of Tradition Eight, Love and Service Kim Watkins Central Office Manager, East Valley Intergroup

EVI CENTRAL OFFICE ACTIVITY

	April	2021
Meeting Information Calls		
General Information	106	417
Referred to Salt River Intergro	up 4	20
Referred to Al-Anon	15	46
Referred to Community Info	0	3
12th Step Calls	14	57
Business Calls	96	378
Office Visitors	130	524
Meeting lists printed	500	1600
Info request via E-mail	37	152
Desk Volunteers-Reg/Sub/No	ne	22/ 10/ 4
Desk Volunteers-Reg HRS YTI)	640hrs

Web Stats

Website Visits last 30 days 40,332 YTD 124,342

Google Searches last 30 days 8,354

Meeting List Updates...

Our website (aamesaaz.org) is being updated weekly. Check it out for the latest on which groups are meeting and where.

New Meetings:

Kitchen Table 18160 N Maya Angelou Dr. Maricopa SA 10:00am O,B Over the Influence 2222 S Price Rd. Tenpe MO 6:30pm O Steppers 25601 S Sun Lakes Blvd. Sun Lakes WE 5:30pm T,C 2's and 3's and 5's 3450 W Ray Rd. Chandler MO 7:15pm O Good Orderly Direction 241 Queen Anne Dr. Queen Valley MO 7:00p O

(Queen Valley Baptist Church)

Changes: ~Too many to mention.~

Deletions: SASTO 145 E. 1st Ave. Mesa SU 7:30p

East Valley Intergroup ** NEW ** 1855 E Southern Ave. Suite # 103 Mesa, AZ 85204

General Service Office

PO Box 459, Grand Central Station

New York, NY 10163

Area 03 Treasurer PO Box 3691 Gilbert AZ 85299

Make Check To: AZ Area Committee

District 08-819 PO Box 594 Mesa, AZ 85211

District 08-820 ** NEW ** PO Box 1901

Queen Creek, AZ 85142-9998

District 08 (Maricopa County) PO Box 45066 Phoenix, AZ 85064

Alcoholicos Anonimos - Oficina 2720 E Thomas Rd. B#180 Phoenix AZ 85016

Vallevwide H & I PO Box 80126 Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities 10% to District 10% to Area

30% to GSO



50% to Intergroup

District 08-818 PO Box 12044 Tempe, AZ 85284

GROUP CONTRIBUTIONS



GROUP	April	YTD
11th Step Candlelight		
2121 Beginner Workshop		\$0.00
24 Hours A Day		
417 Group		\$0.00
A Vision For You Group		•
ABC Group		
Ahwatukee Group		
Ahwatukee Nooners		
Ahwatukee Saturday Men's Ahwatukee Women's Group		
Arbor Daily Noon Group		
As Bill Sees It QC		
As You Wake Up		
Attitude Adjustment CG		
Attitude of Gratitude		\$0.00
Basic II		\$100.00
BBookworms		
Bloopers		
Bootstrap Men's		
Both Books		
Breakfast Club		•
Busted Ego		
Chandler Men's Stag Group		
Chandler Noon Group		
Chandler Women's Big Book Grou		
Common Solution	=	
Common Thread		\$689.63
Courage To Change		\$0.00
Dog Tired		\$0.00
East Phoenix Men's		\$683.00
East Valley Men's Stag		
East Valley Veterans		
Easy Does It Group		
Eye Opener GroupFae Pack		
Family Recovery Group		
Fill in the Blank		
Firehouse Meeting		
Florence Group		•
Friday Night BB, Step Study		\$0.00
Friends Of Bill W		
Get It Together		
Gilbert Group		
Gold Canyon 12 X 12 Group		
Good Ol' Back to Basics		
Grateful Dames		•
Grateful Girlfriends		
Great Start		
Gut Level		
Happy Hour @ Sunbird		
How It Works		
Into Action		\$0.00
Keepin It Real Ladies		\$0.00
Last Resort		
Life In The Big Book		
Maricopa 12 X 12		
Maricopa Group		
Mid-Morning Group		
Monday Night Madness		
Morning After Name In The Hat		
New Beginnings		
New Spirit Group		
No Big Deals		
No Name AA Group	\$25.00	\$200.00
Opportunity Knocks		
- 1·1· · · · · · · · · · · · · · · · · ·		
Page A Day		\$1,754.61

GROUP	April	YTD
Patio Group		\$560.00
Pioneer Group		
Price Is Right		
Primary Purpose Group		
Progress Rather Than Perfektion Putting God First		
Queen Creek Nooners		
Re-Awakening Group		
Remember When		
Renewed Spirit		
Rising Spirit		\$724.50
Road To Recovery	\$50.00	\$867.84
Rock Solid		
San Tan Men's		
Second Chance Group		
Serenity Now		
Shade Tree		
Sobriety is Gold		
Sobriety Rocks		
Society Group		
Some Are Sicker Than Others		
Southeast Valley Stag		\$0.00
Spirited Women		\$135.55
Step By Step Group		\$0.00
Stepping Stones		
Sunday Afternoon Step		
Sunday Night BB Step Study		
Sunday Serenity Seekers		
Sun Lakes Women Serenity Seeker		
Sunland Serenity Seekers Sunset Group		
Tempe Group		
Tempe Nooners		
Tempe Sunrisers		
Tempe Young People		
The Library		
The Real Thing		\$25.00
The Way Out Group	\$105.00	\$248.50
Thursday Night Step Group		
Tuesday Night Steppin Out		
Tuesday's Trudgers		
Tumbleweeds Group		
Upon Awakening We Ain't Dead Yet		
We Agnostics		
We Can Group		
Wednesday Night Step		
Wednesday Night Winners		
Welcome Home		\$0.00
West Chandler Men's		\$0.00
Who's Driving Your Bus?		
Wolf Pack Group		
Women in Gratitude	•	
Women in Solution		
Women in Touch		
*Anonymous Groups		
OTHER GROUPS/COMMITTEE		φο.σο
Apache Lake Campout		\$0.00
AZ AA Women's Conf		
District 08		
Dist 08-813		
Dist 08-819		\$0.00
Meal and a Message		
Group Totals\$		
EVI Committees	\$6.00	\$34.00
Individual Contributions \$	•	•
GRAND TOTALS\$		\$25,242.19
*Group contribution with no group name list	ed)	



BALANCE SHEET April 30, 2021

PROFIT & LOSS STATEMENT April 2021

Assets	
Current Assets	
Checking	5,721.33
Prudent Reserve (Savings)	34,023.39
Accounts Receivable	1,721.00
Inventory Asset	29,617.92
Undeposited Funds	10.55
Fixed Assets	
Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)
Total Assets	\$76,157.42
Liabilities & Equity	·
Liabilities	
Accounts Payable	0.00
Visa Credit Card	0.00
Payroll taxes	102.00
Total Liabilities	\$102.00
Equity	
Opening Balance Equity	43,778.94
Retained Earnings	27,480.81
Net Income	4,795.67
Total Equity	\$76,055.42
Total Liability & Equity	\$76,157.42
1 rotal ciapility of cautry	410,131.72

35 Group contributions totaling 9 Individual contributions totaling Intergroup Business Meeting &	\$5,869.13 \$1,424.80		
Service Committee's 7th Tradition	\$6.00		
Total Contributions	\$7,299.93		
Total Income	\$11,937.61		
Less total Cost Of Sales	\$3,776.68		
Gross Profit	\$8,160.93		
Less total Expenses of	\$6,190.04		
Net April Gain	\$1,970.89		
<u>YTD 2021 Gain</u>	\$4,795.67		

The current Prudent Reserve balance is \$34,023.39 The Prudent Reserve has been established for 2021 in the amount of \$28,862.38

Please call me with any questions or comments regarding the financial statements.

Grateful to be of service, Ron S. EVI Treasurer fullflight@cox.net

Traditions Checklist

Tradition Six: An AA group ought never endorse, finance, or lend the AA name to any related facility or outside enterprise, lest problems of money, property, and prestige divert us from our primary purpose.

- 1. Should my fellow group members and I go out and raise money to endow several AA beds in our local hospital?
- 2. Is it good for a group to lease a small building?
- 3. Are all the officers and members of our local club for AAs familiar with "Guidelines on Clubs" (which is available free from GSO)?
- 4. Should the secretary of our group serve on the mayor's advisory committee on alcoholism?
- 5. Some alcoholics will stay around AA only if we have a TV and card room. If this is what is required to carry the message to them, should we have these facilities?

East Valley Intergroup Business Meeting Minutes

May 21, 2021

East Valley Intergroup Business Meeting Minutes May 21, 2021

Meeting Opened at 7:00 PM via Zoom. Opened with the Serenity Prayer, 12 Traditions read by Jay.

Attendees: Available upon request

Welcome to the New Reps: Tom E Alternate for Gratitude Group, Charlie – Tuesday night East Valley Men's Stagg, Brenda – Happy Destiny Group (not Queen Creek Nooners).

Committee and other Trusted Servants:

Service Posi- tion	Name	Pre- sent	Service Position	Name	Present	Service Posi- tion	Name	Present
Chair	Tom N	Х	Office Manager	Kim W		H&I Liaison	Open	
V. Chair	Barb C	Х	Chair- Special Events	Mindy S	Х	Spanish Liai- son	Marge M	
Treasurer	Ron S	Х	Chair- PI/CPC	Tom C	Х	Al-anon Liaison	Vicki B.	
Secretary	Maria S	Х	Chair- Phones	Lisa V	Х	DCM 08-818	Tearsa C	Tim G. filled in
Advisor- Special E.	Gary L	Х	Chair- Unity	Dave K	X	DCM 08-819	Lois L	
Advisor- PI/CPC	Dave M	Х	Chair- Sponsor- ship	Jerry C	Х	DCM 08-820	Bill B	
Advisor- Phones	Larry S	Х	No Booze News	Rick S		ZONYPAA	Megan P	
Advisor- Unity	open		Literature	Mike K	Х			

Tom welcomes everyone and asks for introduction of new reps.

Secretary's Report: Tom shared on screen minutes from last month's business and Steering Committee Minutes from past week. Maria will correct the year from 2020 to 2021. Motion to accept and seconded. Motion passed.

Treasurer's Report: Ron S.- Report deferred until later in the meeting. 35 group and 9 individual donations. Still in the black for the year. Motion to accept report as presented by Brandon - Society. Seconded by Tom C. - PAD. Report is accepted as presented.

*Tom noted that we are over our prudent reserve. Ideas to spend this money:

Purchase time slots for Public Service Announcements

Office needs a Point of Sale System, we currently have an old cash register.

Offer literature at discount

Video conference equipment

Allocate more funds to committees

Events to support the fellowship

We are about \$5100 over the prudent reserve at this time. We also want to ask the groups if you have ideas or suggestions please respond to the email Tom sent out. Remember it's the your money.

7th Tradition: You can make a 7th tradition contribution on the EVI website. <u>www.aamesaaz.org</u>

Chairperson's Report: Tom N. – no written report. We will start meeting in person (hybrid) for the month of June (June 18th) at Church of the Epiphany - 2222 S Price Rd Tempe at 7pm. Also June 4th will be the EVI speaker meeting will be in person (hybrid) at Church of the Epiphany with no food or drink at this meeting. Amazing turnout for the Open House. Many more people than we expected.

Vice Chairperson Report: Barb M.

Attended the district 08 meeting. The Accessibility Committee shared a website (sunsounds.org) that has volunteers who live stream and read the Grapevine on Fridays.

Office Manager Report: Kim W. - Not in Attendance, report in packet. Tom reviewed some highlights from Kim's written report.

STANDING COMMITTEE REPORTS

PI/CPC: (Public Information and Cooperation with the Professional Community) Tom C.

Tom reviewed the detailed report in the packet and then passed it to Kathleen, a committee member, who shared more info about PICPC and their activities. They are developing the new card. They are reaching out to clergy and **need volunteers**. Contact PICPC@aamesaaz.org if you'd like to volunteer.

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Business Meeting Minutes Continued

Special Events: Jay for Mindy S.

The monthly EVI Speaker meeting will be hybrid. We will have a raffle. Ahwatukee Men's group hosting on June 4th. Fellowship at 7, meeting at 7:30.

First Friday of each month at 6pm (before this meeting) - Monthly Committee Meeting

Phone committee: Lisa V.

Brandon did the training tonight for phones with 2 new people. Brandon will be doing the calendar while Lisa is out of town.

Unity Committee: Dave K.

Our goal is to reach out to those not attending our EVI business meetings.

Need volunteers for the committee. Phone number is in the packet.

Committee in need of an advisor.

Sponsorship Workshop: Jerry C.

Done 6 times a year on the odd months.

May 1st Sponsorship Workshop was cancelled with no groups stepping up to host.

Next open workshop needing a host group will be July 3rd. It will be held in person at the EVI office. Please use the link in the email to reach the online signup sheet. Or To Sign-up Click Here!

No Booze News (NBN) Newsletter Editor: Rick - Not present.

Literature: Mike K.

Nothing new to report

LIASION REPORTS

Al-anon Liaison: Vicki B. - Not present **H&I Liaison:** Position is now open.

Spanish Liaison: Marge M. - Not present Zonypaa Liaison: Megan P. - Not present.

Sub District 08-818: Tim G. for Tearsa C. – Meets second Tuesday at Bloopers at 7pm.

Sub District 08-819: Lois L. - Not present

Sub District 08-820: Bill B./Debbie C. - Not present

OLD BUSINESS:

Group change form online. https://aamesaaz.org/group-updates/

NEW BUSINESS:

We have a seconded motion from the Steering committee regarding the Office Manager annual review. Motion: "Based on the recent annual Office Manager's Evaluation, the EVI Steering Committee recommends a 4% pay increase for Kim W retroactive to her anniversary date". We recommend a 4% raise, particularly in light of the great job done in the middle of the pandemic, the office move, the change in phone answering system, etc. Last year we gave only a 2% cost of living raise considering the conditions. This will go back to the groups and be voted on next month.

Please submit any suggestions or ideas regarding the \$5100 we are currently over prudent reserve.

ANNOUNCEMENTS:

Founder's Day will be held live on June 12th at 2121 S. Rural, Our Lady of Mt. Carmel, 10am-4pm. Please register on the website. More info to come. https://azfoundersday.org/

Motion to close meeting. Passed.

I am responsible. When anyone anywhere reaches out for help, I want the hand of AA always to be there and for that I am responsible.

Thank you for allowing me to be of service,

Maria Stanley

Twelve on 12 Page 12

The little voice in my head

MAY 2018 GRAPEVINE

The help he got from Steps Six and Seven brought him right back around to Step Two.

For as long as I can remember, I've had this little voice in my head saying, "Wouldn't a drink be nice?" For 42 years that voice was my constant companion, my friend, as well as my worst enemy. I always listened to it, and the answer, of course, was always yes.

I went to six different treatment centers as well as numerous detoxes during those 42 years. I've had several failed marriages and changed careers more times than I can count.

I consider myself a fairly intelligent guy, college educated with an emphasis on science, and I've never really believed in a God or any kind of Higher Power. Deep down, for as long as I can remember, I've known I was an alcoholic. But for much of my drinking years, my life had been manageable. Then it wasn't.

One day I came to in the fetal position on my couch after downing another two-liter bottle of vodka. As people often say in the rooms, I was finally sick and tired of being sick and tired. My wife had been attending Al-Anon meetings to save herself from me and she had a member phone list. She called someone at my request and the rest is history. That was eight years ago.

Here's where the story gets good. Through a miraculous set of events, I got a sponsor who took me to my first AA meeting. I readily admitted I was an alcoholic and that my life was unmanageable. My sponsor asked me if I was willing to do whatever it took to be sober. I said yes and we dove into the Steps.

Things were progressing nicely but I still, for some reason, had that little voice in my head saying, "Wouldn't a drink be nice?" Now, of

course, my answer was no, but the voice remained.

By this time, I had somehow stumbled through Step Two, but really hadn't admitted that I actually believed in a God or a Higher Power. But I heard in a meeting once that if you weren't sure, you could believe that others believed. Now that much I could do.

After I worked through Step Six, my sponsor asked me if I was ready for Step Seven. I had never prayed to anything, but I had told myself I'd do whatever it took to stay sober. So

I went out to his backyard, got down on my knees and, with some coaching, asked God to please take that little voice in my head away. There was no lighting bolt, no light, no glowing aura. Well, I thought, on to the next Step.

About two months later, I was just sitting in my living room when I realized there was no voice in my head! Thinking this was pretty weird and a little scary, I told my wife. Two more weeks went by and still no little voice. How bizarre. Feeling a little panic set in, I called my sponsor. He gently reminded me of what I'd asked for in his backyard that day.

The voice in my head has been gone now for eight years. I don't give it any more energy or waste any more time thinking about it. I do not fear it or miss it being gone. I thank God every day. And my favorite Step by far now? Wouldn't you know, it's Step Two



BY: BOB B | OLYMPIA, WASHINGTON

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